

Sports	Discipline	Category	Venue	Venue No.	Events	Competition Period	Day	Schedule	Course						
Bodybuilding/Fitness	Various Weight/Height Classes		Cultural Center (Jihde Hall)	15		7/18-19	17.07.	14:30	15:00	Athletes Meeting					
									15:00	15:15	Judges Meeting				
									15:30	17:00	Weigh-in				
		Women									18.07.	17:10	17:30	preliminary round	
		Women										17:30	17:50	preliminary round	
		Men										17:50	18:20	preliminary round	
		Men										18:20	18:50	preliminary round	
												18:50	19:10	waiting time	
		Women										19:10	19:30	preliminary round	
		Men										19:30	20:00	preliminary round	
		Men										20:00	20:30	preliminary round	
		Men										20:30	21:00	preliminary round	
												16:15	16:30	official opening / welcome	
		Women										16:30	16:45	final	
		Women										16:45	17:00	final	
		Women										17:00	17:15	final	
		Women										17:15	17:30	final	
												17:30	17:40	medal ceremony	
												17:40	17:50	medal ceremony	
		Men										17:50	18:10	final	
		Men										18:10	18:30	final	
												19.07.	18:30	18:40	medal ceremony
													18:40	18:50	medal ceremony
													18:50	19:05	waiting time
		Men											19:05	19:25	final
		Men											19:25	19:45	final
		Men										19:45	20:05	final	
												20:05	20:15	medal ceremony	
												20:15	20:25	medal ceremony	
												20:25	20:35	medal ceremony	