

Sports	Discipline	Category	Venue	Venue No.	Events	Competition Period	Day	Schedule	Course
Powerlifting	Various Weight classes		NSYSU Sun Yat-San Hall	21		7/25-26	24.07.		training day
		Women			Lightweight (48 - 52kg) - Women -		07:00 - 08:30	weigh in	
							09:00	official opening	
		Women			Lightweight (48 - 52kg) - Women -		09:00 - 11:30	competition	
		men			Lightweight (56 - 67,5kg) - Men -		09:30 - 11:00	weigh in	
		men			Lightweight (56 - 67,5kg) - Men -		11:30 - 14:00	competition	
		Women			Middelweight (56 - 60kg) - Women -		12:00 - 13:30	weigh in	
		Women			Middelweight (56 - 60kg) - Women -		14:00 - 16:30	competition	
		men			Middelweight (75-82,5kg) - Men -		14:30 - 16:00	weigh in	
		men			Middelweight (75-82,5kg) - Men -		16:30 - 19:00	competition	
		men			Heavyweight (90 - 100kg) - Men -		17:00 - 18:30	weight in	
		men			Heavyweight (90 - 100kg) - Men -		19:00 - 21:30	competition	
							22:00	medal ceremony	
		Women			Heavyweight (67,5 - 75kg) - Women -		07:00 - 08:30	weigh in	
							09:00	official opening	
		Women			Heavyweight (67,5 - 75kg) - Women -		09:00 - 11:30	competition	
		Men			Super Heavyweight (110 - +125) - Men -		09:30 - 11:00	weigh in	
		Men			Super Heavyweight (110 - +125) - Men -		11:30 - 14:00	competition	
		Women			Super Heavyweight (82,5 - +90) - Women -		12:00 - 13:30	weigh in	
		Women			Super Heavyweight (82,5 - +90) - Women -		14:00 - 16:30	competition	
		- 17:00	medal ceremony						